



# Volunteering@Home

## eNewsletter: Friday 5th February 2021

### Welcome to the latest eNewsletter

#### An Introduction from Headmaster, Leo Winkley



### Shrewsbury School

Apparently it was on this day (2<sup>nd</sup> February) in 1916 that the legendary operatic tenor Enrico Caruso recorded 'O Sole Mio'. This is an iconic song which is close to a national anthem for Italians. A love song which opens with the lines:

What a beautiful thing for sunny days!  
The air is warm after a storm,  
The air is so fresh that it already feels like a celebration,  
What a beautiful thing for sunny days!

The melody will trigger a Pavlovian response in thousands who grew up in the 1960's in the UK. They will think of ice creams. Specifically it will conjure up the mental image of a Venetian gondolier crooning at full blast before purloining a cone of ice cream from an unsuspecting young lady on a bridge. She reacts swiftly, reaching down to snatch her rightful property back as the gondolier crosses out the other side of the bridge. They both exchange cheerful smiles. Analyse that! Whatever, many will remember this advert: it was as effective as it was annoying.

We're not yet in ice-cream season - although they say that ice cream sales have been strong during lockdown. Comfort eating has been the wicked jinx to the virtuous yag of vigorous exercise, such as our 40in40 challenge. Spring is still some way away, but it did feel like something of a psychological milestone to cross over into February. This is certainly not the case of wishing time away. The credo of making every moment count stands in lockdown as much as any other time. However, it conveys the sense that we are moving through the difficult days and approaching brighter ones. As the UK vaccination numbers pass 10 million, and in the week that we said a fond farewell to coronavirus fuadcaster Sir Captain Tom Moore, individuals and organisations across the country are supporting one another and facing their way through each week.

Our community remains intent on making the best of the remote programme which will continue into the second half of this term. We expect announcements on 22<sup>nd</sup> February - if not before - to give real clarity on when and how pupils will be able to return to on-site learning, and the very important questions that need answering on how examination qualifications will be awarded this summer. In the meantime, I continue to admire the endeavour of the pupils and staff in their academic learning and the extension offerings such as 'Go Further' and the lecture programme open to all Salopian households. The co-curriculum is also offering invention and challenge, creativity and the expressive arts and thinking; pastoral care and house life remain upbeat, seeking to support, encourage and engage.

We are, as ever, conscious that people are extremely busy and living through different experiences across the world. We want to remain sensitive to these different experiences and will continue to keep in good touch.

I hope this latest issue of the newsletter transmits the on-going vitality of our community. Another week in remote has seen great activity as we make the most of the journey towards sunrise days together.

Leo Winkley

#### Florat

Celebrating the effort, endeavour and enterprise of Salopians - [Please follow this link for details of this week's Florat](#). Below is an image from this week's Florat.



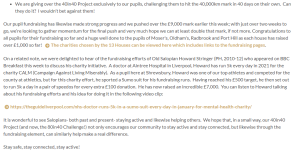
#### Salop's Got Musical Talent 2

Welcome to the second Salop's Got Musical Talent concert. Why not take a minute to slow down and savour the great musical talent that lies within our community?

This week's concert features super singing from 3rd former Libby H, staggering pianist from Ollie C, laidback guitar from Garrett H, gorgeous fluting from Natalia T, sophisticated viola music from Ethan P and the whole thing is introduced by CG Joseph Bell performing his own song, Dancing Days.

If you would like to take part in subsequent concerts do get in touch with Stephen Williams at [sjw@shrewsbury.org.uk](mailto:sjw@shrewsbury.org.uk). All are welcome!

Stephen Williams, Director of Music



### Shrewsbury School

#### 40in40 Challenge: Around the World in 40 Days Update

Having set off at the start of term with the bold intention of collectively travelling Around the World in 40 Days, we have been overwhelmed with the response from pupils, parents, OS and staff alike. At the time of writing, the total travelled is a whopping 30,740km, just shy of our target of 40,000km! So we look at set to make it all the way around the world in just 23 days since the 40in40 launch on Wednesday 13 January. Step aside, Philae Fogg!

Our pupils have collectively travelled over 20,000km with notable distance added by our staff (3,178km) and likewise our community group of parents, OS and friends of the school (33,160km). An incredible team effort from the Shrewsbury School community, and with 17 days still left, we have revised our targets again:

- 40,000km in 40 days was obviously a piece of cake for the community, so today we are launching #50in40 with the aim of getting Around the World again - 50,000km in 40 days would be some achievement and we'll need to crank it up, but it's definitely achievable. Lace up and get out there...
- We are giving over the 40in40 Project exclusively to our pupils, challenging them to hit the 40,000km mark in 40 days on their own. Can they do it? I wouldn't bet against them!

Our pupil fundraising has likewise made strong progress and we pushed over the £5,000 mark earlier this week with just over two weeks to go, we're looking to gather momentum for the final push and very much hope we can at least double that mark, if not more. Congratulations to all pupils for their fundraising so far and a huge well done to the pupils of Mosen's, Oldham's, Radbrook and Port Hill as each house has raised over £1,000 so far! [The charities chosen by the 13 Houses can be viewed here which includes links to the fundraising pages.](#)

On a related note, we were delighted to hear of the fundraising efforts of Old Salopian Howard Stringer (PH, 2010-12) who appeared on BBC Breakfast this week to discuss his charity initiative. A doctor at Altnorth Hospital in Liverpool, Howard has run 5k every day in 2021 for the charity CALM (Campaign Against Living Miserably). As a pupil here at Shrewsbury Howard was one of our top-of-Motors and competed for the county athletics, but for this charity effort, he sported a Sumo suit for his fundraising runs. Having reached his £2500 target, he then set out to run 5k a day in a pair of speedos for every extra £100 donation. He has now raised an incredible £7,000. You can listen to Howard talking about his fundraising efforts and his idea for doing it in the following video clip:

<https://theglobalreport.com/news/doctor-runs-5k-in-a-sumo-suit-every-day-in-january-for-mental-health-charity/>

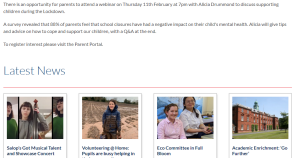
It is wonderful to see Salopians - both past and present - staying active and likewise helping others. We hope that, in a small way our 40in40 Project (and now, the 50in40 Challenge!) not only encourages our community to stay active and stay connected, but likewise through the fundraising element, can ultimately help make a real difference.

Stay safe, stay connected, stay active!

Peter Middleton, Deputy Head Co-Curricular

#### Drama Showcase

Please see below our latest drama video showcasing the talent of our pupils.



### Shrewsbury School

#### Old Salopian Completes Daily 5k Charity Challenge

An Old Salopian and NHS Doctor is taking on the massive challenge to run 5km every day in January after his 13-hour shifts in order to raise money for mental health charity.

Howard Stringer (PH 2010-12) has taken on the feat to raise money for CALM - The Campaign Against Living Miserably charity, with a target to raise £500 after seeing first-hand the implications the pandemic has had on mental health.

Howard initially completed his January 5k runs while wearing a sumo suit, but once he surpassed his target, he decided that for every £300 raised over this amount, he'd run 5km wearing red speedos.

The NHS Doctor, who works at the Altnorth University Hospital, has now raised more than £7,000 and will continue running in his speedos around the city of Liverpool until he has completed his challenge.

Howard was interviewed on BBC Breakfast on Friday morning to highlight his fundraising efforts.

To donate to Howard and keep up with his fundraising, visit <https://www.justgiving.com/Fundraising/Sumo5k>

Well done Howard!

#### An Invitation to our Parents from Shrewsbury School

There is still time to book onto our series of live lectures, workshops and performances for our parents to enjoy.

The events are completely free and booking is only via the [ticketsource](#) website. Once you have made your selection you will be sent a confirmation email, which includes the zoom link.

[Please follow this link to discover more](#)

#### Chapel Podcast for Sunday 7th February 2021

[Listen using Audible](#)

[Listen using Spotify](#)

#### ShrewsMUN V

We are proud to host our 5<sup>th</sup> MUN Conference on Sunday 7<sup>th</sup> February at 10.00am-4.10pm.

[Please follow this link to the ShrewsMUN V website for more information.](#)

### Notices to Parents

#### Parenting During Lockdown 3 + Live Q&A

There is an opportunity for parents to attend a webinar on Thursday 11th February at 7pm with Alicia Drummond to discuss supporting children during the Lockdown.

A survey revealed that 68% of parents feel that school closures have had a negative impact on their child's mental health. Alicia will give tips and advice on how to cope and support our children, with a Q&A at the end.

To register interest please visit the Parent Portal.

### Latest News

**Salop's Got Musical Talent and Showcase Concert**  
Thursday 21 March 2021

An opportunity to watch our latest Salop's Got Musical Talent concert plus a Visiting Music Teachers Showcase.

[Read More](#)

**Volunteering@Home: Pupils are busy helping in their community**  
Friday 29 January 2021

Salopians across the world have been keeping busy by getting involved in our Volunteering@Home initiative.

[Read More](#)

**Eco-Committee in Full Blower**  
Friday 29 February 2021

An update from the Eco-Committee.

[Read More](#)

**Academic Enrichment: 'Go Further'**  
Friday 29 February 2021

As part of the broader academic strand to Shrewsbury's Lent Term remote provision, each Faculty will be providing one dynamic 'Go Further' session each week from Monday 29th January Week 3 Now Added.

[Read More](#)

**Around the World in 40 Days: the 40in40 Lent Term Lockdown Challenge**  
Thursday 4 February 2021

Shrewsbury School's Lent Term Lockdown Challenge: 40in40. Our aim is to collectively cover the distance around the world - just over 40,000km in 40 days!

[Read More](#)

**The countdown is on to the Darwin Shrewsbury Festival**  
Thursday 4 February 2021

Next week sees the start of the Darwin Shrewsbury Festival, a celebration of Old Salopian's most famous son, Charles Darwin.

[Read More](#)

**Old Salopians pass on cricketing wisdom to a new generation of players**  
Thursday 4 February 2021

Three cricketing Old Salopians took a trip down memory lane this week for a special virtual meeting that reunited pupils past and present.

[Read More](#)

**Studying in the US and Canada**

**Studying in the US and Canada Conference**  
Monday 1 February 2021

On Thursday 11th February between 1.30pm and 3pm, Shrewsbury will host its biennial information conference on studying at US and Canadian universities.

[Read More](#)

### Forthcoming Events

All these events, and many of others, are listed in detail in our website: [Calendar](#)

No Events added to the Newsletter.