



**Shrewsbury School**  
**Inter-House Athletics 2019**  
Wednesday 26th June



Shrewsbury School



# Headmaster's Welcome



*It gives me great pleasure to welcome you all to Shrewsbury School's annual Inter-House Sports Day. As a school we have a long tradition and heritage in athletics and, amongst other notable athletes, can count an Olympic gold medallist amongst our former pupils in Bob Tisdall (who won gold in the 1932 Los Angeles Games). Who knows, perhaps amongst the athletes competing for their houses today may be a future Olympic champion! Whatever the level, however, I am confident that all will enjoy the day competing for their house and spectating from the sidelines. I, myself, am certainly greatly looking forward to watching my first Shrewsbury School sports day though, rest assured, I won't be competing!*

*My thanks go to the many staff who have made this event possible, in particular Mrs Emma Kelly (Teacher in Charge of Athletics) who has put in considerable hours of preparation to ensure the event is a success and a central focus point for our Salopian Week celebrations.*

*I wish all competitors a successful and enjoyable afternoon of athletics and very much look forward to cheering you on from track side.*

A handwritten signature in black ink that reads "Leo Wilkey". The signature is written in a cursive style with a large, sweeping flourish at the end.

# Teacher in Charge of Athletics

*This is my third year as Teacher in Charge of Athletics and I am very excited about continuing to organise an excellent school event, and I hope today is as enjoyable as those of previous years. Inter-House Sports Day has become a staple in the Shrewsbury School calendar; the revived event is in its eighth year and is a wonderful part of Salopian Week.*

*The athletics squad have been training hard, and this season there have been a record number of successes. Nine athletes were selected to represent Shropshire at the Regional Championships 'Mason Trophy' at Alexander Stadium. Well done to T. Jackson (R), F. Harris (EDH), F. Masri-Kayali (SH), K. Scholes-Pryce (M), H. Cutler (R), E. Forde-Johnston (O), B. Weston (R), W. Singleton (R) and I. Liniger (G) who all gained their 'Shropshire vest'.*

*Kitty Scholes-Pryce (M) was also selected to represent Shropshire at the Regional Combined Events Championships and our Captain Tom Jackson (R) gain the qualifying standard to be selected to attend the English Schools Track and Field Championships on behalf of Shropshire – competing in the 1500m steeplechase.*

*We have hosted a number of Inter-School Competitions, including 'The Bob Tisdall Championships' in honour of Old Salopian and successful Olympian Bob Tisdall. The squad has competed at the Achilles Relays, County Championships, Schools Championships and a multitude of fixtures versus Wrekin, Bromsgrove, Moreton, Oswestry and King's Birmingham. For the third year running, the Athletics squad will hold their End of Season Dinner tomorrow evening.*

*I'd like to take this opportunity to thank all the staff for helping to run this event – we couldn't put this on without their enthusiastic support. Particular thanks must also go to Andy Richards and the Grounds Staff, Ed Moore, and the Catering Department for their help organising this afternoon.*

*Finally, thank you to all the competitors – your enthusiasm for competition is why we put this event on in the first place, and is what makes it so enjoyable for everyone to be part of. I truly enjoy my role as Teacher in Charge of Athletics, sharing your tremendous successes throughout the season, and look forward to another prosperous season next year!*

*All the best for today and I hope you have an enjoyable afternoon!*

**Emma Kelly**  
**Teacher in Charge of Athletics**



**B. Weston (R) & W. Singleton (R)**

2<sup>nd</sup> & 1<sup>st</sup> in the 1500m Shropshire Schools County Championships – *in some tough conditions!*

# House Athletics Competition 2019

## Track and Field Events:

Each house submits one competitor in each age group (Junior = 3<sup>rd</sup> Form, Inter = 4<sup>th</sup> & 5<sup>th</sup> Form, Senior = Lower & Upper Sixth Form) in each event, with the exception of the 800m and 1500m, where three from each house can compete in each age category (though only one will score). Where a pupil is supposed to be competing in a track and a field event at the same time, track events take priority. The competitor should complete his/her track event before making their way over to the field event. Any changes to participants should not be reported to Dr Oakley in the results cabin, but reported to the member of staff running the event itself.

## Cannon relay

Teams of 20 will be submitted from all houses. The teams should be comprised of at least four from each of the year groups 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and Lower 6<sup>th</sup>. The final four spaces can be filled by pupils from any year.

## Determining house victors:

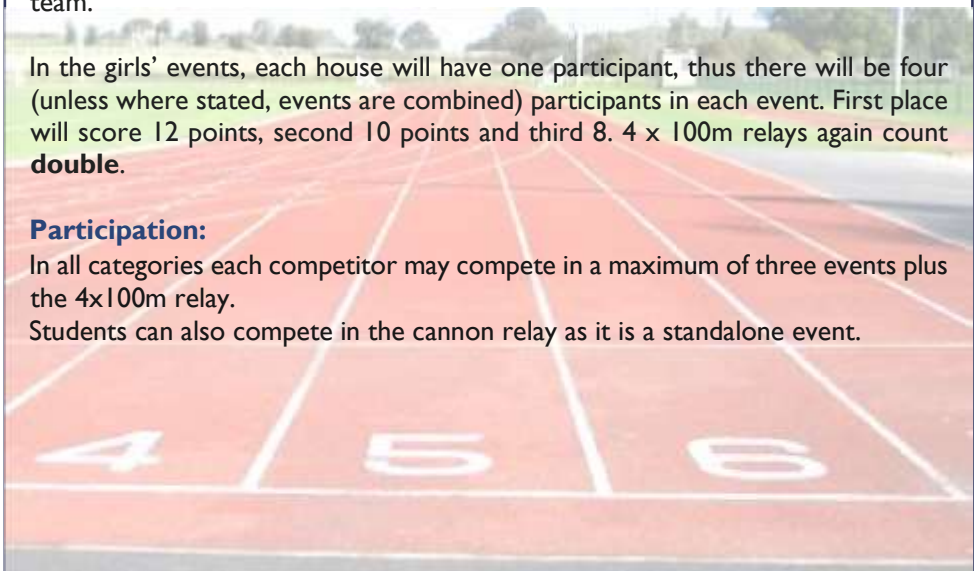
Each house scores points by participating in each event. The higher the competitor places, the more points he/she will score for his/her house. For the boys' events, the winner of an event will earn 12 points for his house, second place 10 points, third place 9 points, fourth place 8 points, and so on down to last place with one point. The 4 x 100m relay event counts **double**, with the winning team earning 24 points, second place 20 points, etc. down to 4 points for the last team.

In the girls' events, each house will have one participant, thus there will be four (unless where stated, events are combined) participants in each event. First place will score 12 points, second 10 points and third 8. 4 x 100m relays again count **double**.

## Participation:

In all categories each competitor may compete in a maximum of three events plus the 4x100m relay.

Students can also compete in the cannon relay as it is a standalone event.



## **Track Events**

### **1 pm – 100m Heats**

- 2 x Junior Boys Heat
- 2 x Inter Boys Heat
- 2 x Senior Boys Heat

### **1.15 pm – 800m**

- 1 x Junior Boys
- 1 x Junior Girls
- 1 x Inter Boys
- 1 x Inter Girls
- 1 x Senior Boys
- 1 x Senior Girls

### **1.45 pm – 300/400m**

- 1 x Junior Boys
- 1 x Junior Girls
- 1 x Inter Boys
- 1 x Inter Girls
- 1 x Senior Girls
- 1 x Senior Boys

### **2 pm – Cannon Relay Heats**

- 3 x Boys' House Heats

### **2.20 pm – 200m Heats**

- 2 x Junior Boys Heat
- 2 x Inter Boys Heat
- 2 x Senior Boys Heat

### **2.40 pm – 1500m**

- 1 x Junior Boys & Junior Girls
- 1 x Inter Boys
- 1 x Inter & Senior Girls
- 1 x Senior Boys

### **3.10 pm – Cannon Relay Finals**

- 1 x Boys' House Final
- 1 x Girls' House Final

### **3.25 pm – 200m Finals**

- 1 x Junior Boys Final
- 1 x Junior Girls Final
- 1 x Inter Boys Final
- 1 x Inter Girls Final
- 1 x Senior Girls Final
- 1 x Senior Boys Final

### **3.45 pm - 100m Finals**

- 1 x Junior Boys Final
- 1 x Junior Girls Final
- 1 x Inter Boys Final
- 1 x Inter Girls Final
- 1 x Senior Girls Final
- 1 x Senior Boys Final

### **4.15 pm - 4 x 100m Finals**

- 2 x Junior Boys Heat
- 2 x Inter Boys Heat
- 2 x Senior Boys Heat
- 1 x Junior Girls Final
- 1 x Junior Boys Final
- 1 x Inter Girls Final
- 1 x Inter Boys Final
- 1 x Senior Girls Final
- 1 x Senior Boys Final

**ALL TRACK EVENTS FINISHED  
BY 5 PM**

**TRACK EVENTS TAKE  
PRECEDENCE OVER FIELD  
EVENTS**





**I. Liniger (G)**

Shropshire County Champion 2019 – 100m & 200m



# Field Events

Event	1 pm start	1.30pm start	2pm start	2.30pm start	3pm start
<b>Long Jump</b>	Senior Girls	Junior Boys	Inter Boys	Junior/Inter Girls	Senior Boys
<b>Triple Jump</b>	Inter Boys	Senior Girls	Junior Boys	Senior Boys	Junior/Inter Girls
<b>High Jump</b>	Junior Boys	Senior Boys	Junior/Inter Girls	Inter Boys	Senior Girls
<b>Shot put</b>	Senior Boys	Junior/Inter Girls	Senior Girls	Junior Boys	Inter Boys
<b>Javelin</b>	Junior/Inter Girls	Junior Boys	Senior Boys	Senior Girls	Inter Boys

Each participant to receive one optional practice throw/jump and then three efforts to count.



**Sidney Darwin Dash - Senior Boys' Final 2019**

## ***Further Information...***

### **Coaches:**

Transport back to school will be available to everyone from the end of the presentations once a roll-call has been completed in houses. We anticipate that this will be by 5pm.

Houses will be called one at a time to return to School led by their Housemaster or Housemistress.

### **Refreshments:**

Water and fruit are available for participants from Houses. Squash and cakes are available in the marquee. Slices of cake are priced at £1, with all money going to charity. There will also be an ice cream van present. Only cash will be accepted for the cakes/ice-creams.

### **Illness and injury:**

First aid station can be found near the track and available from house matrons.



**F. Masri-Kayalif (SH) (on the left) took the silver medal in the High Jump at the Regional Finals with a jump of 1.75.**

# ***Presentation of Major Trophies***

There are trophies in the following categories, which will be presented in the End of Term Assembly:

Overall Boys' House Victor – the Tisdall Cup

Overall Girls' House Victor

Junior Boys' House Victor

Intermediate Boys' House Victor

Senior Boys' House Victor

Junior Girls' House Victor

Intermediate Girls' House Victor

Senior Girls' House Victor

Victor Ludorum – Junior Boys

Victrix Ludorum – Junior Girls

Victor Ludorum – Intermediate Boys

Victrix Ludorum – Intermediate Girls

Victor Ludorum – Senior Boys

Victrix Ludorum – Senior Girls

Medals will be awarded for Bronze, Silver and Gold positions in each event.



## Records since 2012

### 100m

Senior B: T Knight ( Rb) 11.0s (2015)

Inter: C Kandi (M) 11.1s (2012)

Junior: N Entwisle (SH) 11.5s (2012)

Senior: C Richards (G) 13.5s (2016)

Inter: D.McMullen (G) 14.02 (2017)

Junior: D McMullen (G) 13.38S (2016)

### 200m

Senior: J Plaut (S) 22.94s (2015)

Senior: N Okusanya (SH) 22.94s (2016)

Inter: J Plaut (S) 24.43s (2013)

Junior: N Entwisle (SH) 25.3 (H)\* (2012)

Senior: C Richards (G) 27.56s (2016)

Inter: D.McMullen (G) 29.28 (2017)

Junior: D McMullen (G) 28.25s (2015)

### 300m

Junior: L Nares (Rb) 41. 0s (2016)

Junior: E Fox (G) 45.75s (2015)

### 400m

Senior: H Stringer (PH) 51.2s (H)\*(2012)

Inter: M Hardcastle (I) 52.84s (2016)

Senior: C Richards (G) 65.03 (2017)

Inter: L Wilcox ( EDH) 63.75 (2017)

### 800m

Senior: F Huxley-Fielding (R) 02:03(2016)

Inter: O Dickens ( R) 02:06 (2014)

Junior: L Nares (Rb) 02:14 (2016)

Senior: P Goddard (EDH) 02:37 (2015)

Inter: L.Wilcox (EDH) 02.31.5 (2017)

Junior: L Wilcox (EDH): 02:34 (2016)

### 4 x 100m Relays

Senior: Severn Hill 46.25s (2015)

Inter: School House 47.56s (2015)

Junior: School House 51.25s (2015)

Senior: The Grove 55.70 (2017)

Inter: The Grove 57.0 (2017)

Junior: The Grove 54.2s (2015)

### Long Jump

Senior: A Drummond (O) 6.53m (2017)

Inter: N Martynov (Ch) 6.11m (2019)

Junior: N Martynov (Ch) 5.61 (2017)

Senior: C Richards (EDH) 4.85m (2016)

Inter: I. Wong (G) 4.14 (2017)

Inter: C Hollinshead (G) 4.14 (2018)

Junior: C Richards (G) 4.58m (2015)

### Triple Jump

Senior: R Arkwright (O) 12.74 (2017)

Inter: R Arkwright (O) 11.90m (2015)

Junior: J Lockett (Ch) 10.17m (2015)

Senior: C Price (EDH) 9.21m (2014)

Inter: J Russell (G) 8.52 (2017)

Junior: N Lange (G) 9.70m (2015)

### High Jump

Senior: J Crewdson (S) 1.78 (2017)

Inter: F Masri (SH) 1.67 (2018)

Junior: F Jones (Rb) 1.61 (2017)

Senior: C Adams (EDH) 1.40m (2013)

Senior: N Lange (G) 1.40m (2017)

Inter: E.Graham (MSH) 1.41 (2017)

Junior: E Fox (G): 1.35m (2015)

Junior: P Collingwood Cameron (EDH):  
1.35m (2016)

\* (H) DENOTES A TIME  
RECORDED DURING A HEAT

## **1500m**

Senior: F Huxley-Fielding (R): 04:13 (2014)

Inter: T Jackson (R): 04:28.5 (2018)

Junior: T Jackson (R): 04:44.4 (2016)

Senior: T Mobley (EDH): 05:08 (2014)

Inter: F Harris (EDH) 4.59.0 (2018)

Junior: F Harris (EDH) 4.57.5 (2017)

## **Shot Put**

Senior: A Drummond (O) 11.30m (2017)

Inter: R Khidirbekov (SH) 10.98m (2018)

Junior: R Khidirbekov (SH) 10.37m (2013)

Senior: F Nicholas (EDH) 7.55 (2017)

Inter: E Niblett (MSH) 6.93 (2018)

Junior: E Niblett (MSH) 7.01m (2016)

## **Javelin**

Senior: G Day (R) 39.33m (2013)

Inter: A Lewis (SH) 43.12 (2017)

Junior: G Gowar (S) 36.33 (2017)

Senior: A Sykes-Waller (MSH) 21.30m (2013)

Inter: H Haynes (G) 20.82 (2017)

Junior: E Ware (MSH) 27.90m (2015)

## **Discus**

Senior: I Sanin (G) 26.86m (2013)

Inter: M Clay (I) 31.55m (2016)

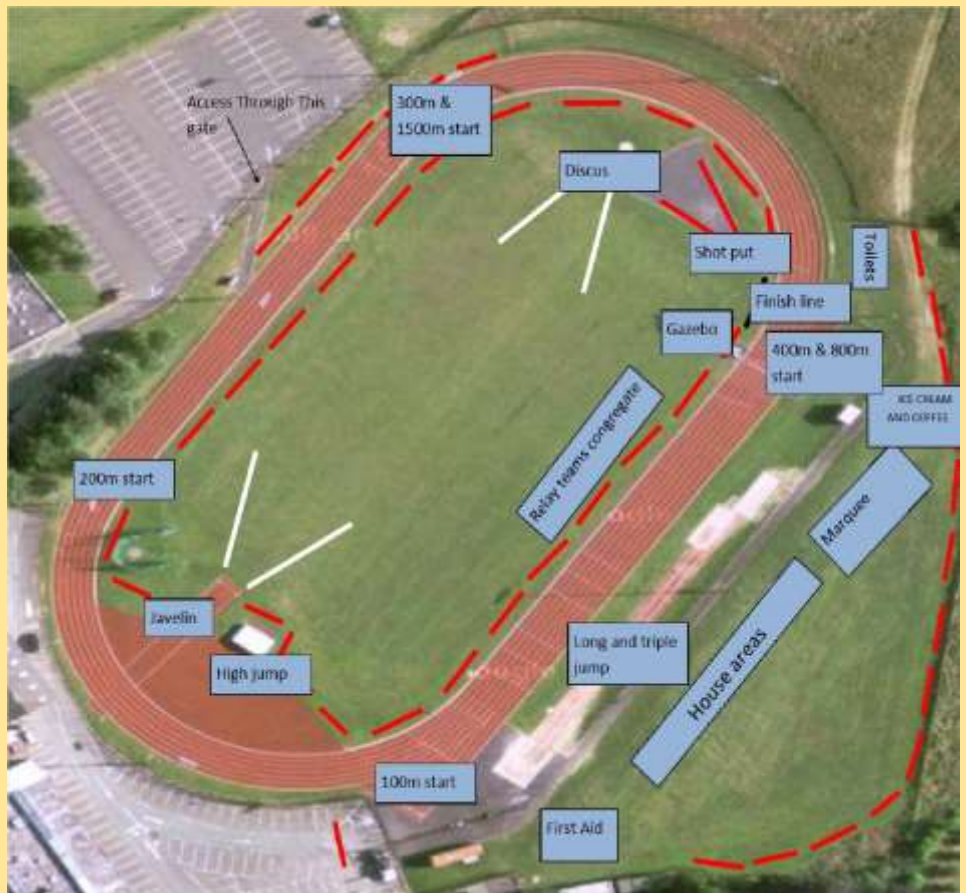
Junior: F Jones (Rb) 28.79 (2017)

Senior: I Richardson (MSH) 20.85m (2013)

Inter: A Watkinson (G) 22.08 (2017)

Junior: A Watkinson (G) 18.00m (2016)

\* (H) DENOTES A TIME  
RECORDED DURING A HEAT







*A.Watkinson (G), A.Callaghan (M) F.Harris (EDH), K.Scholes-Pryce (M)*  
**Senior Girls Team – Achilles Relays 2019**



*D.Jelev (R), G.Hankins (O), W.Singleton (R), B.Weston (R)*  
**Junior Boys Team – Achilles Relays 2019**





N. Martynov (Ch), O. Powell (I), J. Price (I) - Shropshire County Championships 2019



**Sidney Darwin Dash – Junior Girls Final 2019**

*Citius, Altius, Fortius*

"Faster, Higher, Stronger"

Olympic Motto



Shrewsbury School

