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Shrewsbury School

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Activities in the 4th form

Now your son is in the 4th form I am writing about his activity programme. At Shrewsbury this takes place on a weekday (Thursday) afternoon. Programmes are designed to follow on after his experiences during Third Form Outdoor Week, but are applicable whether he has opted for Duke of Edinburgh Bronze or not. At the end of last term boys chose one of 3 main options, all of which involve a year long commitment and include at least two field days. Within each activity there may be various modules or phases, as well as extra events such as visits or overnight exercises.

Your son's allocation is indicated by the nature of the consent form attached with this email. If there is no form, he is doing Sport Leaders – other forms are relevant to the activity he has chosen.

Please can I request that you send the consent form back to jbillington@shrewsbury.org.uk by Friday 13th September.

The following is a précis of the information sent to your sons:

The choices are:

SPORTS LEADERSHIP - This course aims to develop leadership in sport by giving you the skills to develop and lead sports events. The course follows the Sports Leaders UK award and leads to a nationally recognised qualification. You will learn to plan and implement sports events for different age groups – and the fun part will be putting these into practice. The course cost (£16 via the bill) includes a log book and final certificate. Do not expect to play much sport on this course – that is not the intent.

OUTDOOR SKILLS - This course is about developing your skills and interest in outdoor pursuits and activities. Each of the two courses available are split into 4 x 6 week modules each focussing on a skill, biking (road and off road), climbing, conservation work, advanced navigation and canoeing (kayak and canoe.) Courses are certificated, for example you should expect to obtain the National Navigation Award, British Canoe Union 2 star Award, a GO trail bike award and National Indoor Climbing Award. There will be a small charge for log books and certificates.

COMBINED CADET FORCE (CCF) - The cadet force uses military training to teach self reliance, leadership and other skills. The focus is very much on skills development and fun. After learning the basics such as weapon safety and military knowledge you will join the section of your choice (we have Royal Marines, Army and Royal Air Force sections at Shrewsbury which have been described in official CCF inspections as 'outstanding'.)

Shooting, overnight exercises, fieldcraft, first aid, adventure training, leadership development and bushcraft are just some of the many skills that you will have the opportunity to access. There is a £70 one off enrolment fee for the CCF which goes on the bill but pays for boots, a T shirt and other useful items.

MOUNTAIN BIKING – a small number of keen bikers will join our Mountain Bike club – but require their own equipment, as well as some prior experience.

Yours,

Nick David