Surname:	**First Name:**

Current School:

Shrewsbury School

SHREWSBURY SCHOOL

SIXTH FORM ENTRANCE EXAMINATION
2025 ENTRY

PHYSICAL EDUCATION
(1 Hour)

Instructions to candidates:

- Answer **Three** questions from choices 1 - 6.
- Each question is worth 9 marks. Total marks available is 27.
- Answer in the booklet. If you require extra paper, please ensure your name is at the top.

Q1.

Analyse the impact that the media and sponsorship have had on sport.

(Total 9 marks)

Q2.

Evaluate the importance of agility **and** flexibility in a 200m freestyle swimming race.

(Total 9 marks)

Q3.

Blood doping is a prohibited method that can be used to improve the performance of a marathon runner.

Evaluate the effects that different performance enhancing drugs (PEDs) may have on a marathon runner's performance.

(Total 9 marks)

Q4.

The sports nutritionist advises that fibre is an important nutrient in Usain Bolt's diet because it keeps his digestive system healthy.

Name **three** other nutrients that are important in Usain Bolt's diet and explain how each may help his performance in training and in competition.

(Total 9 marks)

Q5.

Aisha is currently studying for her GCSEs. Her school report has been sent home to her parents and highlights that her PE teacher is worried about her lack of interest in taking part in physical activity inside and outside of school. Her parents are also disappointed as they have regularly encouraged her to join a sports club.

Identify potential factors that could have caused Aisha's lack of interest in sport, justifying your choices.

(Total 9 marks)

Q6.

Hawkeye is an example of technology used in tennis.

Evaluate the use of technology in sport in relation to its effect on spectators **and** on **performers**.

(Total 9 marks)