



SALAD BAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIMPLE ITEMS	Mixed baby leaves Cucumbers Tomatoes Coleslaw Grated carrot Grated cheese	Mixed baby leaves Cucumbers Tomatoes Coleslaw Grated carrot Grated cheese	Build your own Caesar salad	Mixed baby leaves Cucumbers Tomatoes Coleslaw Grated carrot Grated cheese	Mixed baby leaves Cucumbers Tomatoes Coleslaw Grated carrot Grated cheese	Mixed baby leaves Cucumbers Tomatoes Coleslaw Grated carrot Grated cheese
COMPOSITE SALADS x2	Charred cauliflower with chickpeas, red onions & preserved lemons Greek salad	Watermelon, cucumber & feta salad Superfood salad		Sweet potato, peas & courgettes with lemon & sage Noodle salad	Giant cous cous with green peppers, chilli, butterbeans & mint Pesto & sun-dried tomato potato salad	Caprese Chargrilled Mediterranean vegetables
PROTIENS x2	Boiled eggs Tuna	Boiled eggs Tuna		Boiled eggs Tuna	Boiled eggs Tuna	Boiled eggs Tuna
DRESSINGS	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise	Olive oil Balsamic vinegar French Dressing Caesar dressing Mayonnaise
TOPPINGS	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes	Baked croutons Crispy onions Jalapeños Olives Toasted seeds Chilli flakes