Dance Exam Success for Kate W

Friday 15 January 2021

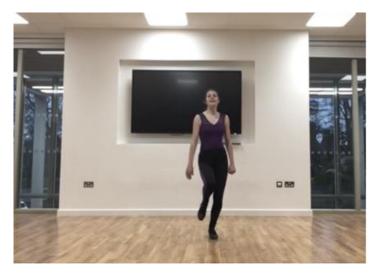
At the end of the Michaelmas Term Kate W (M, 5^{th}) took her ISTD grade 6 tap exam virtually from the dance studio in the Barnes Theatre.

Kate had been working hard towards this exam, originally planned for the summer and was finally able to take it through the virtual format in December. I am delighted that Kate's hard work paid off as she passed with a merit and received a very good technical score.



Grade 6 is the equivalent to a GCSE qualification and Kate can use the UCAS points gained from this in her applications for further education.

The ISTD (Imperial Society of Teachers of Dancing) is an international dance exam board, established in 1904, who hold approximately 120,000 dance exams a year across all genres. I believe Kate is the first student to get an ISTD qualification through Shrewsbury School, so massive congratulations to Kate for this milestone.



I am really excited to see and be part of dance growing at Shrewsbury School. Having the amazing space of the dance studio in the Barnes Theatre has been a massive boost as dance now has a 'home'. Hopefully we'll see a lot more exams and showcases in the not too distant future.

Sian Archer

Wellbeing Hub - Teen Tips

Friday 15 January 2021

Creating an environment that nurtures pupil mental health and wellbeing is a key priority for us at Shrewsbury.

To help us do this, we have invested in a 'Wellbeing Hub', developed by child and adolescent mental health and wellbeing experts, Teen Tips. I am delighted to let you know that, as a Shrewsbury parent, you are entitled to free access to its resources and dedicated parents section.

The Wellbeing Hub is an interactive online portal, designed to give you access to a wealth of resources, and experts, to help you guide your child as they grow up.

The hub consists of

- Complete Parenting Teens Audio & Video Courses
- Weekly Updated Resources podcasts, blog posts, interviews, tips and articles
- Weekly Live Q&A with a Child & Adolescent Psychotherapist
- 'Inspiring Futures' Careers Mini-Podcasts
- Ask The Expert Q&A Service
- Q&A Library
- Parents Forum
- Member Offers
- Access To Pastoral Specialists (paid service)

Our agreement with Teen Tips covers our whole school community, and delivers a wealth of support and resources for staff and pupils too, giving us a way to link together in support of the community.

Instructions on how to register and links for accessing the Wellbeing Hub are detailed in the parent portal.

Anna Peak, Deputy Head Pastoral

Lower Sixth Futures Week

Friday 15 January 2021

The Lent Term for lower sixth form is an exciting period. With students now settled into A Level studies, attention now begins to shift slightly to encourage more serious thoughts about future opportunities.

Throughout this term there will be a range of activities for this year group, varying from university presentations to careers insight talks, as well as virtual house visits to both parents and students. All of these activities are designed to support planning processes at this early stage.

The 'Futures week' which commences on Monday 18th January provides students with opportunities to engage in a mixture of activities, some of which are application processes based, whereas others focus more on research and identification of key skills. All will prove useful and we look forward to students benefiting from the range of interactions available.

Date	Lesson Slot and Time	Activity	Rationale
Monday 18 th January 2021	P7, 3:15pm	The importance of adaptability – OS Talk, David Moorhouse*.	The ability to adapt within the workplace is crucial as the current pandemic is demonstrating. Old Salopian David Moorhouse (see full bio below) is well placed to talk through this topic and share stories about his wide ranging career, where his ability to respond to change and different challenges has been tested throughout. Students will listen in to a hosted discussion with David and will have the opportunity to pose questions.
Tuesday 19 th January 2021	P7, 3.15pm	ShortlistMe Interview	Recruitment processes have changed significantly in the last ten years and in the last twelve months in particular many employers have had to switch to video interviews rather than face to face interactions. The school has invested into some excellent software (ShortlistMe) to aid students with these challenges and lower sixth formers will have the opportunity to respond to competency based questions, self-assess their performance, and receive feedback from the Head of Futures about their interview skills.
Wednesday 20th January 2021	P6, 1.00pm	CV Workshop Delivered by Dan Miller (Young Professionals)	CVs can take many formats and regardless of age, you never know when you might be asked to produce one! It's important that by the lower sixth students have their first CV drafted. This workshop will provide the hints and tips to do this effectively.

Thursday P6, 21st January 1.00pm 2021

Continuing the theme of exposure to recruitment processes, applicants can be often surprised by the Psychometric Testing range of psychometric testing they are put through by employers in early application stages. Situational judgment tests regularly form part of these assessments and students will be able to take an online test to increase their understanding about what to expect.

Friday Unifrog Refresher 22nd January 3.15pm 2021

To conclude the week and with the UCAS week in mind in February 2021, Mr Percival will guide students through some key aspects of Unifrog and host a drop in session for any follow up queries. Unifrog is the main resource students use to support their post 6th form planning and this is an excellent opportunity to continue to explore its' functions.

*David Moorhouse was educated at Shrewsbury School and Queens' College, Cambridge, where he read French and German. After qualifying as a Chartered Accountant with Price Waterhouse, he worked as an investment banker with European Banking Company, concentrating on corporate finance transactions in the US, South America and Asia. In 1984 he joined the executive search firm Russell Reynolds in London where he became a Managing Director specialising in financial recruitment and also became Chief Executive of the firm's German office. He was appointed Chief Financial Officer of Deltex Medical Ltd in 1996 and became Managing Director, Europe; he managed several rounds of private finance and the company's public listing in 2002. From 2004 to 2016 he was Head of Finance and Administration at the International Coffee Organization, an intergovernmental entity based in London, where his responsibilities covered finance, relations with bankers, auditors and Member governments in the Americas, Africa, Asia and Europe, and all legal and human resource matters.

Futures & Higher Education Bulletin

Friday 15 January 2021

Futures and Higher Education Bulletin Edition 7 Lent Term 2021 from the Futures Department, full of useful information, reminders, resources and weblinks for Fifth and Sixth Formers and their parents.

Please follow the link to download it as a pdf: Futures Bulletin Edition 7, Lent Term 2021.

Salopian Success at Gregynog Young Musician of the Year Competition

Friday 15 January 2021

After receiving offers to study at three of the world's top music institutions, there has been further success for one U6th student in being named as a finalist in a prestigious music competition.

Henry Hui (I) has been announced as the Brass Finalist in the Gregynog Young Musician of the Year, an annual competition and one of the most prestigious of its kind. The competition is usually held at the highly acclaimed Gregynog Hall, but due to the pandemic was this year held online.



Henry also won £500 along with the accolade for his performance on the French Horn.

The competition success follows an influx of offers from prestigious musical institutions, including Royal College of Music, London, Royal Academy of Music, London and Royal Birmingham Conservatoire, where Henry was offered a place on the spot; an almost unheard of event

Maria McKenzie, Assistant Director of Music said: "It is an absolutely fantastic accolade for Henry.

"This competition has an international reputation, so for a student from Shrewsbury School to be awarded a finalist place is just exceptional. Past winners of this competition have gone on to be named BBC Young Musician of the year, so it is hard to explain just how big a deal this is for Henry."

Just one example includes the 2015 winner of the Gregynog Young Musician of the Year award, Sheku Kanneh-Mason, who went on to be named the BBC Young Musician in 2016.

Henry joined us from Hong Kong and has made a huge impact to the brass department, to have such quality playing has made the younger musicians really raise their standards

Staffing News - Mr Walters

Saturday 16 January 2021

We are delighted for Mr Maurice Walters who has been appointed Senior Deputy Head at St Peter's School in York from September 2021.

Mr Walters has given five years of exceptional academic leadership as Deputy Head (Academic) and he will leave Shrewsbury with a very fond farewell from pupils and staff alike. The academic life of the school has thrived under his innovative and expert stewardship. We have begun the process of appointing his successor and will share news in the coming months. Meanwhile, congratulations Mr Walters!



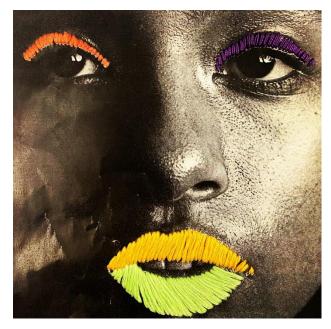
Image above is from Fourth Form GCSE art with Ms Caddel studies in gouache: Eva Z-Traditional Chinese street



Image above is from Fourth Form GCSE art with Ms Caddel studies in gouache: Kate V- St Basil's Cathedral



Soft Pastel Self-Portrait, Giorgia I (U6, EDH)



Embroidered Portrait of Giorgia, Vitalina K (L6, EDH)



Polymer Clay Sculpture, Issy H (4, MSH)



Self Portrait (etching), Harriet B (5, MSH)



Polymer Clay Sculpture, Emily W-C (4, EDH)



Mosaic, Emma C (5, MSH)



Self Portrait with Lurchers, Orlando B (5, Rt)



Polymer Clay Sculpture, Ruby W (4, M)



Big Draw, Shrewsbury School Tree Trail 'Drawing with brocolli' Jasper H (in branded art faculty overalls!)



Porcelain Heart, Issy Y (L6, MSH)



Oil painting in progress, Esme H (U6, MSH)



Sweet Reflections, Elsa W (5, EDH)



Bell Jar 'Paradise Lost' Hester L (L6, M)



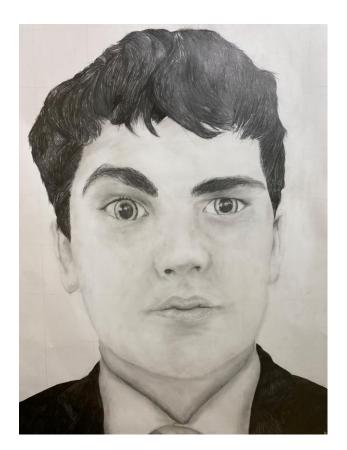
Pearl Necklace, Ruby R (U6, MSH)



Self Portrait (after Picasso), Adelaide S (U6, G)



Copperplate Etching (Skull), Nell W (L6, MSH)



Self Portrait, Tom R (5, S)

Shrewsbury School Art and Photography Gallery

Wednesday 20 January 2021

Welcome to our Shrewsbury School Art Faculty Gallery page!

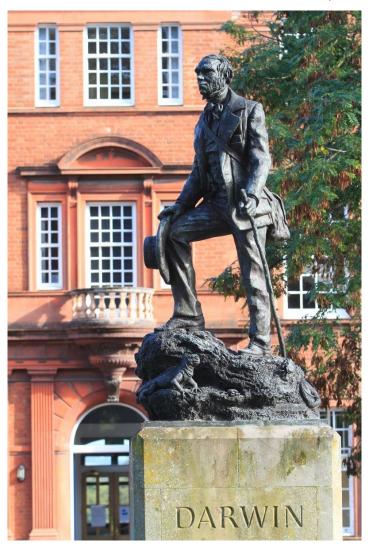
Here you can see a selection of exciting recent art work showing the wealth of creative talent we have at Shrewsbury School. It also demonstrates just some of the wide range of materials and processes currently delivered on our GCSE & A-level courses. We'll be adding more work throughout the year so do keep checking back! You can also follow our work on our Instagram @shrewsbury_art and Twitter @ArtShrewsbury

Festival to Celebrate Old Salopian Set to Launch Next Month

Friday 22 January 2021

The countdown is on for the launch of this year's DarwIN Shrewsbury Festival, the annual celebration of Old Salopian and the town of Shrewsbury's most famous son, Charles Darwin.

The festival, which takes place online this year, begins on Tuesday, February 9th and sees a host of thought-provoking online talks, films and quizzes as well as a virtual birthday toast on February 12th, to celebrate what would have been Darwin's 212th birthday.



Once again Shrewsbury School is proud to be contributing to the organisation of the DarwIN Shrewsbury Festival and to be one of its sponsors. From sourcing eminent speakers from this country and abroad, to including our own teaching staff in the line-up, the School has helped to shape the programme.

Stuart Cowper, Head of Partnership and Community Engagement commented - 'I am grateful to David Wray, Richard Case and Torin Morgan in the Science Department for all their hard work helping to put together an exciting series of lectures that will show how Darwin's theories

continue to underpin and to shape today's scientific thinking and research. These lectures will be of great interest worldwide to anyone with an interest in Darwin himself, as well as to those seeking understand how his theories help us explain and tackle many of today's social and environmental challenges.'

As part of the programme Shrewsbury School is delighted to introduce to a wider audience Dr Kathryn Broadhouse who was recently appointed as our STEM Fellow. On Friday 12th February, she will give a talk on how we use neuroimaging to study the human brain and its function. She will first look at how the brain's structure is tied to our evolutionary past and how this, in some ways, determines how we think and process information. She will then look at how machine learning, neural networks and artificial intelligence have evolved from models of the brain and how we are using them to study the brain further. More details and booking links can be found here: darwin.originalshrewsbury.co.uk/events/developments-in-artificial-intelligence

By taking the Festival online this year we hope and expect to reach to out to an even greater audience, sharing Darwin with experts and enthusiasts across the country and around the world. The Festival runs until February 17th. Places can be booked on Zoom talks at - darwin.originalshrewsbury.co.uk/

Lent Term Academic Update - January 2021

Friday 22 January 2021

An update from Maurice Walters, Deputy Head Academic

I, like many others, sat through Boris' update on 4th January with a profound sinking sensation. In the aftermath of a Michaelmas Term which, although characterised by operational restrictions and nomadic teaching across the school site, had been largely undisrupted and an indisputable success from a teaching and learning perspective, to lose that sense of physical togetherness on site was a bitter pill to swallow. There was also, of course, that upsetting sense of déjà vu. We have been here before.

I have long since learned never to underestimate the capacity of a Salopian in a tough spot. The levels of active engagement and enthusiasm in this first fortnight have been magnificent — indicated, in no small part by the (literally) thousands of commendations issued in respect of effort and progress. They have my sincere admiration — as do all those teachers who have worked tirelessly and with enormous energy to plan their lessons and tailor this remote learning programme to the needs of every pupil. It is clear that all in the Salopian community are determined to make the very best of being together virtually at a time when we are forced to be apart.

Pupils are more engaged, more alert and thriving on a coherent live programme. The new systems we have put in place allow teachers and pupils alike to keep better track of lesson timings, to make sure they join those all-important video lessons and collaborative sessions at the right point and also keep written work flowing back and forth in that critical process of assessment and reflection. We have placed a very strong emphasis on interactivity our approach – meaning that pupils can spend more time engaging with their teachers and each other not only securing strong progress but also staving off the loneliness of working in isolation.

As in the Summer Term, we are trying to be as sensitive as possible both to the level of screen time and to the possibilities of remote learning fatigue. Learning from the experiences of colleagues both nationally and internationally, we have instituted a programme of 'positive disruption' for all year-groups – allowing them to move away, briefly, from the structure of the Timetable to do something different and productive in a different way. This week it has been the turn of the Lower Sixth, who have had the opportunity to engage in a range of talks, workshops and activities from the world of Careers, ably co-ordinated by our Futures Faculty. Next week, the Third and Fifth Forms will have the opportunity to consider their own academic futures as they come out of some lessons to explore the options available to them at GCSE and A Level respectively.

The experience isn't fully comparable to the experience of being at Shrewsbury and in the classroom, but we will continue to keep our approach under review and refine it as the weeks move on. Many of you will already have contributed to the feedback survey and we have begun to process and analyse that data alongside that produced from the pupils themselves.

In addition to the core programme of lessons, we have also launched live faculty clinics for those in need of a little extra help – just to ensure that no pupil feels that they can't ask those important questions or clarify those vital concepts. Furthermore, each faculty will also run 'Going Further' sessions which provide an opportunity for pupils across all year-groups to delve deeper into subjects, moving beyond the confines of the taught curriculum. The uptake for this among staff and pupils has been staggering and humbling in equal measure and this week has

already seen pupils from right across the school enjoying talks from teachers from topics as diverse as Humour in Latin Poetry and How to Interpret a Business' Financial statements. Intellectual curiosity clearly remains undiminished in lockdown. This programme of enrichment for pupils will continue right through this half of term and we will keep you posted with the activities available.

We are also keen to offer enrichment for parents – for those who are keen to reinvigorate their passion for learning. We would warmly invite you to take part in lectures, discussions and seminars in evening sessions during the weeks ahead. Sessions will include Art History, Musicology, Climatology and a whole host of exciting topics and activities. We'll keep you up-to-date with how to book in for these sessions and we look forward to hosting you!

We are very much looking forward to seeing pupils back on site again – but in the meantime, we would encourage them that they are doing brilliant things in complicated times.

Successful Salopian Cricketers Selected for County Club Programmes

Friday 22 January 2021

Several cricketing pupils have 'bowled over' county cricket teams to land places in Emerging Players Programmes and academies.

Our cricketing stars have impressed county cricket teams ranging from Warwickshire, Lancashire and Worcestershire, to be included in the 2021 intake for EPP and academies.

Adam Shantry, Cricket Professional at Shrewsbury School, said: "All the young players have done something quite special. Having invested themselves so completely in their pursuit of excellence in the winter of 2019/20, the events of last year deprived them of the chance to even set foot on the Salopian cricket fields in our Summer Term. The disappointment was palpable. "Despite this setback, they, as with all our young cricketers, have responded with chins up and chests out, returning once again to their training with renewed vigour, and a determination that their ambitions will be fulfilled. They deserve the very highest praise."

The pupils whose talents have been recognised by county teams are:

Theo W (IV, PH) who has been selected for the **Warwickshire CCC EPP** after impressing for Staffordshire CCC over the past few seasons. A left-arm seamer and top-order batsman, Theo has delighted the Warwickshire coaches with his ability to bowl with the new and old ball, swinging it at the start of the innings and using his variations effectively at the death. He is also capable of match-winning innings with the bat at County age group level, including stellar performances at the Shrewsbury School Festivals. He also represented the School 1st XI against Malvern College in our abbreviated 2020 season, and we look forward to seeing much more of him, for both school and County, in 2021.

Jermal P (IV, R) has been included in the **Lancashire CCC EPP** 2021 intake. A bowler with genuine pace, who also has real potential with the bat, Jermal is another who has already represented the School 1st XI in only his first week as a Fourth Former. Dedicated to his sport, Jermal has impressed the school cricket staff and the Lancashire coaches with his incredible work ethic and determination to improve and will now seek to transform his potential into strong performances over the next few years.

Harvey W (V, SH) has also been celebrating, having been selected for the **Lancashire CCC Academy**. Harvey is primarily a new ball bowler but has also batted in the top 3 for the School 1st XI against Warwickshire in 2020. He has worked diligently on the technical aspects of his bowling, and standing well over 6 feet tall, will be looking for the much-desired combination of pace, bounce, and movement over the coming months.

Jack H(IV, RB) has earned a promotion to the **Worcestershire CCC Academy** after many years in their youth set-up. Yet another of our pupils with all-round potential, Jack is a batsman with the ability to be both dogged and flamboyant, and a seam bowler with more than a yard of pace. He opened the batting in both of the School's 1st XI games in 2020, playing an important role in an opening stand of 67 with Harry Cooke in our win over Warwickshire, as well as showing his skills with the ball in the same game.

JJ Fielding (U6, RT) spent much of 2020 competing against the brightest young cricketing talent in the country and has benefitted hugely from several residential training sessions with the **England Young Lions**. A left-handed batsman of the highest quality, he has integrated with the rest of our young players fantastically. While the loss of our Summer Term in 2020 robbed us of the chance to see him play, he has exhibited exactly the sort of qualities that you would expect to see from someone training at a national level, and this has, in turn, inspired our younger players to follow his lead.

Issy Wong selected to tour with England Women's Cricket Team in New Zealand

Friday 22 January 2021

Issy Wong (G, 2015-2020) has been selected to tour alongside the England Women's Cricket Team in New Zealand.

Although not officially picked to play, the Old Salopian will gain invaluable experience of training alongside the team and experience play in different conditions, which will no doubt be a great benefit to her bright future cricketing career.



Gwen Davies, Head of Girls' Cricket, said: "We are all extremely proud of Issy, and everyone who has been involved in her cricket career here at the school are very excited for her.

"This is something she's wanted since the age of 13 when she first joined the school, so for her to go on and be selected to travel with the team really is a dream come true for her."

The England Women's Cricket Team will play three IT20s and three ODIs against the New Zealand squad, known as the 'White Ferns', throughout February and March.

Travelling alongside the team will also stand Issy in good stead for getting picked to be part of the 2021 ICC Under-19 Women's Cricket World Cup, which is scheduled to be held in Bangladesh at the end of the year.

Issy has been isolating at home before leaving for New Zealand on Sunday with the team, with the first match taking place on Tuesday, February 23rd at 1am GMT.

"The ECB website will be showing some of the build up to the matches and it will be shown on Sky or BT Sport, so there might be chance to see Issy training alongside the team," added Gwen.

Congratulations Issy!

https://www.ecb.co.uk/news/england/women

ShrewsMUN News

Friday 22 January 2021

An update on ShrewsMUN from Rhys W.

On occasion, I think that MUN is a hidden gem of sorts at Shrewsbury. If you were to ask the Salopian population what came to mind upon hearing the words 'MUN Conference', I'm not sure the answer would be wholly positive nor what we would like to push at our conference. However, as any seasoned Salopian schoolmaster understands, the weekly MUN meetings that are held in the Main School Building, religiously at 5:45 sharp, are one of the most intriguing gatherings that take place on any regular week at Shrewsbury. And, what I find particularly charming about this afternoon club is that there is no shortage of personality; in fact, Mr Peach and I sometimes struggle to contain it. Yet, it appears a fitting tribute to the flourishing cohort of character on show amongst my Salopian brethren.

I also feel a sense of pride that Shrewsbury has very much led the way for the MUN circuit around the country, having participated in conferences for over 28 years. Wherever we go, whether it be Paris, Manchester or London, the delegates and advisors alike all recognise the Salopian fleur-de-lys and have known Mr Peach for what appears to be a lifetime. Then again, that's testament to his warm and encouraging character and what suits him so well to the role of Master of MUN, with enthusiasm for debate, diplomacy and personal development that is undeniably infectious. It was also Mr Peach who played such an important role in creating ShrewsMUN 5 years ago, alongside Ed Plaut (S), James Whittaker (Rt) and Max Morris (S).

Now, despite the current circumstances, the Executive Team and I felt it would be unacceptable for us to have decided not to hold a conference. True, it would have made our lives much easier, but looking back we couldn't be happier with the choice that we made all those months ago. We are well on our way to achieving our target of 200 delegates, with applications coming thick and fast from schools around the world, and various videos in the works to be released on the day of the conference (7th February). To add to this, our weekly meetings have never been both stronger and so well attended, enjoying rich and varied topics every week with an impressive range of core attendees from each year group, thus securing the future of ShrewsMUN for the years to come.

Whilst the conference is very much now honing into view, there is unquestionably still a lot of work and preparation to come. But, once ShrewsMUN has come to a close, I hope to be able to write a report of events to share with the Salopian community. In the meantime, if you have any questions about the conference or indeed would like to get in touch with any of us, please don't hesitate to do so.

Our contact details can be found on the ShrewsMUN website: **SHREWSMUN V – 7th February 2021**.

Floreat Salopia!

Rhys W (Secretary General of ShrewsMUN V)

Volunteering Initiative to Boost Community Spirit

Friday 22 January 2021

They say a small act of kindness goes a long way, so we are asking all our Salopians to get involved in our **Volunteering** (a) Home initiative.

During this remote learning period, Shrewsbury pupils are encouraged to do something for the benefit of others. Whether that be baking a cake for someone in the community, phoning a lonely neighbour or completing helpful tasks for someone vulnerable, there is something that everyone can get involved in.

This year has been difficult and it's important to not let kindness slip, and experience shows that completing a good deed has a positive impact for everyone involved.

We are encouraging all pupils to come up with a volunteering idea; it can be as large or as small as they like, but around an hour a week is suggested. If pupils are stuck for ideas, we recommend they ask tutors, teachers or parents for any suitable ideas so that we can get as many pupils involved.

Some Volunteering at Home could include:

- Making regular 'keep in touch' phone calls with someone who is lonely or isolating.
- Start fundraising for charity donate some pocket money or take on a charity challenge you can do from home.
- Walk a neighbour's dog.
- Litter picks around your local area.

As well as counting towards the DofE Bronze award, volunteering is a great accolade to add to any future CV's. The <u>Volunteering@Home</u> initiative also coincides with the Salopian virtue of encouraging kindness and service to others.

If they haven't already signed up, pupils are asked to submit their ideas to charities@shrewsbury.org.uk

Any other enquires should go to Mr Nick David on <u>npd@shrewsbury.org.uk</u> Here is Poppy G (4th MSH) is writing letters to care home residents



Robert M (3rd S) has decided to bake his own bread for a neighbour



Clem G (3^{rd} Ph) is one of many collecting litter from our streets and hedges



Max H and Steven J also collecting rubbish (3rd Sh – no surprise!)



Louis M (3^{rd} Ch) has made a super video which he intends to send to care homes offering his services as a letter writer, pen friend or just a friendly voice on the end of a phone. Those seeing the video will surely be won over by Fonzi, the family pet

Salopian Takes on Charity Cycle Challenge

Monday 25 January 2021

Kate B will be taking to her bike to conquer over 120 miles in order to raise money for a charity close to her heart.

Kate B (IV, MSH) is taking on the mammoth task of cycling 121 miles to raise money for the Midlands Air Ambulance as part of the charity's 30th anniversary celebrations. Along with her cousins Charlotte and Elliot, Kate will start the challenge on February 1st and will aim to reach the finish line on March 2nd. The three cyclists will be riding locally to ensure that they are in keeping with the current lockdown restrictions.

The fundraisers are hoping to raise £600 for the charity, and they are already well on their way to reaching the target.

The Shrewsbury School pupil decided to take on the challenge after a friend of hers was airlifted to hospital by the Midlands Air Ambulance following an accident last year, adding it's a charity "you never know when you may need."

The three cyclists have decided to take on the biggest challenge set by the charity, covering 121 miles which is the distance between all three airbases for the air ambulance: Tatenhill, RAF Cosford and Strensham.

To donate to Kate's cycling challenge visit https://www.justgiving.com/fundraising/elliotkatelottie

Futures & Higher Education Bulletin

Wednesday 27 January 2021

Futures and Higher Education Bulletin Edition 8 Lent Term 2021 from the Futures Department, full of useful information, reminders, resources and weblinks for Fifth and Sixth Formers and their parents.

Please follow the link to download it as a pdf: Futures Bulletin Edition 8, Lent Term 2021.

Wellbeing Hub - Teen Tips Update

Thursday 28 January 2021

This week our pupils have been exploring the theme of 'image' as part of their pastoral learning at Shrewsbury School.

Discussing a variety of themes with students is integral to ensure that they know how to approach a wide range of topics, between themselves or with adults, all while being fully supported by teachers and parents. To help parents to understand the topics that are addressed in these sessions, we offer access to The Wellbeing Hub, an interactive online portal with a wealth of resources to help guide and support your child.

There have been many different approaches to this week's theme, ranging from the Power of Image to the pressures on body image for both boys and girls. Our teachers know the importance of discussing these subjects with pupils, and we want to pass that on to our students so they feel they can comfortably talk to each other about it.

Other discussions included:

- Vulnerability knowing it is okay to feel vulnerable, and that everyone can feel differently.
- Diversity and inclusion.
- Peer pressure related to image.
- Drugs education.

Feedback from our pupils said that these discussions were "informative", "not patronising" and "really told us what we need to know".

For parents or guardians, it is important to try to continue supporting our pupils with these topics. There are several links on the parents Wellbeing Hub website to help you to understand how to discuss these ideas further.

To follow on from this week's pastoral theme, the website offers many different items discussing January's theme of diversity and inclusion.

You can find a new podcast on Extremism with Mike Haines, a Q&A with Diversity and Inclusion Trainer, Cliff Faulder, as well as a piece entitled 'Race and Communicating with our child'.

There is also a whole host on drugs education, including two podcasts by Fiona Spargo-Mabbs, founder of the Daniel Spargo-Mabbs Foundation, who shares advice on how to talk to young people about drugs and suggests how to reduce the potential harm caused by substance abuse.

The Wellbeing Hub has a range of events, so keep an eye out on the up-and-coming discussions. Next months' theme is SEND (Special education needs and disabilities) Matters.

<u>Instructions on how to register and links for accessing the Wellbeing Hub are detailed in the parent portal.</u>

https://www.shrewsbury.org.uk/page/secure-parent-portal

Regional Academy Call Up for Girls' Cricket Stars

Thursday 28 January 2021

Two Salopian stars have been selected for the Central Sparks Academy, home to the best young cricket players in the West Midlands.

Georgia N and Libby T are among the 15 best young players in the region to be picked for the Central Sparks Academy, which sits underneath the Central Sparks Senior Squad, which includes Head of Girls' Cricket, Gwen Davies, Old Salopian Issy Wong and one of our girls' cricket coaches, Eve Jones.



The Central Sparks Academy is one of eight academies in the country who all underpin the eight new Regional Sides, who compete in the RHF Trophy. Throughout the summer, the Central Sparks Academy will play one off fixtures vs the other Regional Academies, before playing in a week-long tournament with all academies involved.

Gwen Davies said: "Georgia and Libby have had very different journeys to this point. Libby represented Wales and the South West Regional Development programme before moving to Shrewsbury. Georgia has always played her cricket in the West Midlands, representing Staffordshire and the West Midlands Regional Development programme since the age of 14.

"They have both worked tremendously hard on their cricket since arriving at Shrewsbury in September as L6th entrants and are hugely deserving of this acknowledgement.

"I'm very proud of them both and I hope this will just be the beginning of more to come for the both of them."

Upper Sixth Students Enjoy Virtual Neuroscience Lectures

Thursday 28 January 2021

Salopians in Upper Sixth were given the opportunity to pick the brains of medical lecturer Dr Guy Sutton as he delivered a lecture in neuroscience.

Dr Sutton, who is an assistant Professor at University of Nottingham Medical School, specialising in neuroscience, usually visits school every January to speak to our Upper Sixth pupils. This coincides with their work on the nervous system topic.



Image above is from a previous Dr Sutton lecture at the school.

His previous visits have seen him give back-to-back lectures and perform a live brain dissection. This year, Dr Sutton adapted his presentation and arranged a full afternoon of talks for the pupils via Zoom, including topics on basic brain anatomy, lobes or the brain and neurological disorders. Sadly, there was no dissection this year.

Every year his script changes to reflect cutting-edge research. A high point is his description of the brain includes topics such as computer interfaces, which promise bionic prosthetic limbs, and communication with coma patients - and perhaps mind-reading.

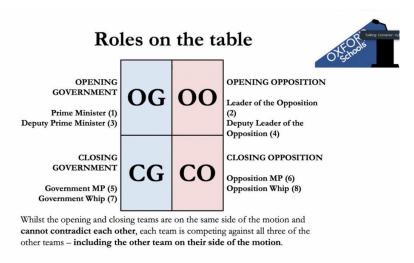
Oxford Union Debating Competition

Thursday 28 January 2021

An update on the Oxford Union Debating Competition from Elizabeth E (EDH, U6).



On Tuesday afternoon, four keen debaters (Dominic, Ranulf, Kate and I) took part in the Oxford Union Debating Competition. Although held online this year, the style and format was still very much that of a British Parliamentary Debate: eight people debating—with four people proposing the motion and four people opposing the motion, split into pairs on each side. Ultimately, we were not only trying to justify why or why not the motion should stand, but also compete against the pair who was on our side.



The first motion we tackled as the closing government was 'This House regrets the culture of outrage'. The 15 minutes of preparation time was undoubtedly one of the more challenging aspects of the debate, as Kate and I had to quickly come up with key arguments for our case without the use of any wider resources. However, it was rewarding to find that once we were propelled into our speeches our arguments flowed well.

The addition of Points of Information – another aspect of British Parliamentary Debating that is different to our usual House Debating at school- added further spark to the debate. In the next round, the motion was 'This House believes that the media should not report on the private lives of politicians'; this time we took the position of the opening opposition.

Overall, it was a really enjoyable, albeit challenging experience. Many thanks to Mr Mackridge for assisting us on what was a very insightful afternoon of debating.

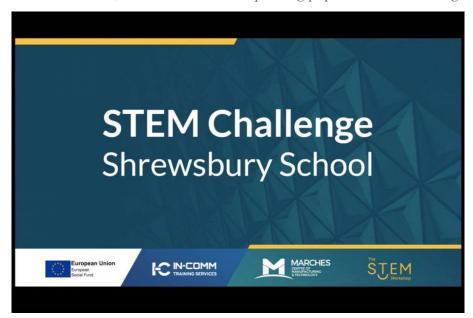
Elizabeth E (EDH, U6)

STEM Society Students Inspired to Think Like Scientists

Friday 29 January 2021

Students across two year groups have been immersing themselves into a world of technology and engineering as part of a scheme that inspires young people 'to think and behave like scientists and engineers'.

Fifth Formers and Lower 6th pupils took part in a STEM Society on Thursday afternoon, led by Miss Perkins and Mrs Smiter, which focusses on expanding pupils' STEM knowledge.



L6th students Gary T and Finn P said: "As of now, 5th formers are partaking in a *Silver Crest Award*. *Crest Award* is an association which helps school students to undertake projects in Science, Technology, Engineering and Mathematics and is a nationally recognised scheme for student-led projects.

"The students of the Lower 6th Form are working in collaboration with Radius Aerospace, an aviation fabrication corporation which has a base in Shrewsbury. This collaboration was organised by The *Marches Center of Manufacturing & Technology* (MCMT) which is led by Leanne Mee who is the Director of The STEM Workshop.

"This is a STEM Competition where an Amazon gift voucher will be awarded as the prize by Leanne Mee and The Marches Trust."

For any other pupils looking to be involved in STEM Challenges please go to the following link https://mcmt-bridgnorth.co.uk/new-initiatives/stem-engagement/
For the latest news please follow @ShrewsburyStem

Michaelmas Term Co-Curricular Update - 29 January 2021

An update from Peter Middleton, Deputy Head Co-Curricular.

As a proud Scot, I couldn't let Burns Night pass this week without getting dressed up in tartan, cook the traditional dish of haggis, neeps and tatties, and address said "great chieftain of the pudding race". My wife- a fellow Scot- humoured me through this rigmarole, her look of amusement less resulting from the wit of Scotland's bard and more on the abomination that is my DIY Lockdown haircut, a shearing that has certainly been a 'talking point' amongst my pupils this week in online lessons...

I was reminded of another famous Burns poem- 'To a Mouse'- whilst reflecting on the past few weeks as we've launched the second iteration of the co-curriculum in remote. As Burns famously put it, "The best laid schemes o' Mice an' Men/Gang aft agley" and so it was for us as our carefully prepared plans for the Lent Term found themselves scrunched up and tossed aside as we responded to the Government's announcement of school closures and, with just three days to do so, hastily crafted a new plan for how we'd deliver the co-curriculum in remote.

Reflecting on the experience of the summer term and taking on board feedback, our focus has shifted with an emphasis on four key areas, summarised below:

Off Screen and Active

Conscious of the impact of the amount of screen time, we have timetabled 'off screen' times every day for pupils to get off screen, get outside and get active. These are scheduled in the middle of the day and provide valuable 'breathing space' for both pupils and staff to recharge and re-energise ahead of afternoon lessons.

The co-curricular programme has likewise evolved in an effort to minimise additional screen time. Whilst many activities (such as virtual MUN debates or Q&As with sports professionals) require screen time to be delivered effectively, we have built in more flexibility to the programme to avoid too much in the way of additional time in front of a screen.

Wellbeing is absolutely central to what we have designed. Being in remote isn't easy. It can be lonely, tiring, frustrating. It can also be very unhealthy with a great deal of time sat indoors behind a screen and with very little movement.

To that end, alongside an expansive and exciting menu of sports options made available through the Shrewsbury Active Movement Programme (SAMP) we have also launched a House Strava Challenge, leveraging the competitive instincts amongst our pupils (and, of course, our HSMs...) to encourage pupils to be active and 'log' activity whether running, cycling, or simply walking the dog. Well over 650 pupils have signed up and are participating, and it has been fantastic to see so many of them staying healthy and active at this time.

Opportunity

Across the four strands of the co-curriculum (Activities; Drama; Music; and Sport) there are over 60 activities on offer to pupils and there is a huge variety to the programme.

Whilst we haven't made the co-curricular programme compulsory for our pupils, we are strongly encouraging them to engage and access the opportunities available to them. Good numbers have signed up to our Thursday afternoon activities programme across a range of over 20 activities from STEM to Russian to Dragon's Den, and our music ensembles and drama activities are likewise proving popular as we aim to sustain and encourage pupils in their interests and talents in these areas, too.

Aside from the opportunities for pupils, we have a number of projects designed to keep the wider Salopian community feeling engaged and connected. Our whole school '40in40'

challenge has proved a hugely popular initiative as we collectively aim to travel Around the World in 40 Days- a distance of over 40,000km- whilst likewise raising valuable funds for charities. There are just under 200 members in our Shrewsbury School Community club on Strava –including parents and former pupils- and this has been a wonderful way to connect the Salopian community both near and far. The response has been overwhelming, with 25,000km already travelled in just over 14 days with the Community Club contributing an impressive 8,000km in those two weeks.

We have likewise enjoyed the opportunity to connect the Salopian community through the launch of the Salop's Got Music Talent concerts. The first instalment was a wonderful celebration of Salopian music and perfect for some cultural escapism with performances from pupils, staff and former pupils. The next concert will broadcast on Wednesday 3 February and can be viewed here (where you can also catch up on the first concert).

Ownership

A further shift in the focus of the programme is in providing more flexibility to the pupils so that they can access it at a time that works for them. Some of our sessions are live but there is more that is pre-recorded or resources that are pre-prepared. This has partly been with our international pupils in mind to enable their continued engagement but has likewise been designed with the incentive for pupils to be more self-directed and encourage pupil initiative, pro-activity, and likewise 'finding the balance'- conscious that each and every pupil is an individual and will have differing capacities for engagement and involvement.

Others

One of the key messages for us as we embark upon this latest lockdown period- alongside promoting the importance of thinking about and looking after yourself- has been the message of thinking about others. Our Volunteering@Home project provides a unique opportunity for our pupils to devote meaningful time and energy in making a difference for others and we have already seen some inspiring and humbling examples of pupil service and giving which is wonderful to see.

Similarly, the charity fundraising element of the **40in40 Challenge** has quickly gathered momentum where, alongside the distance target we are also aiming to raise £40,000- funds that will go a very long way indeed. If every pupil raises just £50 for their respective house charity then we will reach this target, and with over £6,000 already raised, there has been fantastic progress already made.

These are difficult and uncertain times, for sure, but the last few weeks has served to remind us once again of the indomitable spirit of our pupils which, alongside the creativity, energy and innovation of our wonderful staff, is a very powerful combination indeed. We remain, together apart.

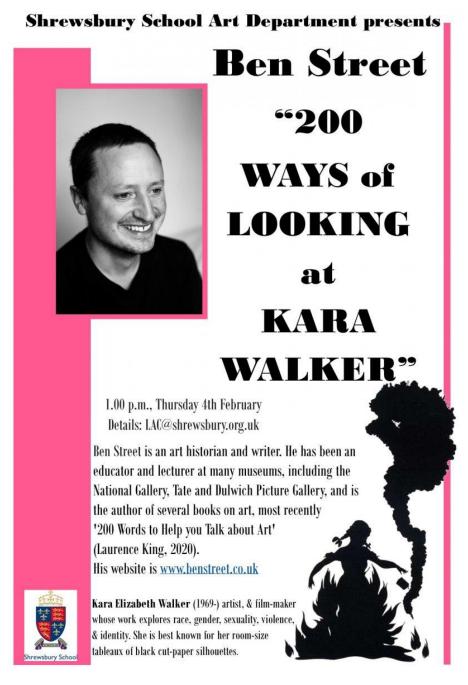
Stay connected, stay safe, stay well.

Art Historian to Give Lecture on Filmmaker

Friday 29 January 2021

The Art Department is hosting a special online lecture given by art historian and writer, Ben Street.

The lecture, entitled '200 Ways of Looking at Kara Walker' will take place on Thursday, February 4th at 1pm and will discuss the artist and filmmaker Kara Walker.



Ben has been an educator and lecturer at many museums, including the National Gallery, Taste and Dulwich Picture Gallery, and is the author of several books on art.

His lecture will focus on Walker, whose work explores race, gender, sexuality, violence and identity.

For more information contact <u>LAC@shrewsbury.org.uk</u>

Through the eyes of three great Old Salopians: From School cricket stars to County Cricket stalwarts

Friday 29 January 2021

Salopians past and present can take a trip down memory lane with three former students, of which two have gone on to have successful county cricketing careers.

The meeting, hosted by Andy Barnard Master IC Cricket, takes place on Wednesday, February 3rd at 2.30pm and will feature Tim Lamb, Nick Pocock and Nicko Williams, who all attended the school and went on to have successful careers, both on and off the pitch.

The Old Salopians will discuss Shrewsbury School Cricket, their experiences of First Class Cricket and the Cricketer Cup.

Tim Lamb (School House, 1966-71) went on to study at The Queen's College, Oxford, for whom he got blues in 1973 and 1974 and played professional cricket for Middlesex (1974–77) and Northamptonshire (1978-83).

He was the first Chief Executive of the England and Wales Cricket Board (1996-2004) before going on to become Chief Executive of the Sport and Recreation Alliance (formerly the CCPR) from 2005 until 2014. He is now a member of the Cabinet Office Sport Honours Committee.

Nick Pocock (Oldhams Hall, 1965-70), was a right-handed batsman who bowled left- arm medium pace.

Pocock made his Hampshire debut during the 1976 County Championship season. He captained Hampshire before he retired from first-class cricket at the end of the 1984 County Championship season, after eight years with the club, four of which were as captain.

Following a successful career in county cricket, Pocock qualified as an ACII and worked for HSBC Insurance Brokers for over 10 years. He is currently Vice Chairman of Hedgehog Risk Solutions, who specialise in providing bespoke insurance and financing solutions for corporations with sports related exposure. Nick is currently on the Marylebone Cricket Club (MCC) Committee.

Nicko Williams (School House, 1954-58) is a former Saracens captain and stalwart. Williams was secretary and captain of the Saracens in their Cricketer Cup campaigns which culminated in the club first winning the trophy in 1977.

This side also contained Tim Lamb and Nick Pocock - then playing for Middlesex and Hampshire (of which Nick was captain) as well as Richard Tudor and Mark Thornycroft who played for Shrewsbury School 1st X1- 1958 1980.

The OS Cricketers will be discussing their time at Shrewsbury School, their careers and offering tips to our young cricketing stars for a bright future.

Please follow this link to the webinar.